



1. Stay at home if you are unwell

All umpires must self-assess their health prior to coming to briefings, practices or games. If you are not sure of your condition, contact Healthline on 00800 358 5453 or your local GP for advice.

2. Contact Tracing

We are asking **everyone** who has their own device to ensure they have downloaded the NZ Covid Tracing app and register their attendance prior to entering the facility. QR codes/posters for scanning are located at the entrances, front door of the building at Park Island and in both dugouts & change room corridor & on the Foyer door at the Unison turf.

3. H & S

All Umpires are asked to read all H & S Documents to familiarise themselves with the facility's new rules – SOP and risk register. These documents will be available at the Umpire meeting.

4. Turf Entry and Exit

We ask all Umpires to enter the dugout following the direction of entry and exit at the same time as the teams through the correct gates (maps will be sent).

5. Practice good hygiene AT ALL Times

Your hands are the gateway to your mouth so washing your hands prior to games is paramount. You can touch your eyes, mouth, face up to 25 times in an hour.

We advise all umpires to have a bottle of hand sanitizer with them at all times and also a pre-made bottle of disinfectant will be in the dugout so you can clean the remote control to the score board and spray any match balls.

- Wash your hands with soap and water for 20 seconds including before and after each game and/or hand sanitizer. Use alcohol-based hand sanitizer.
- Cover your coughs and sneezes with your elbow or tissue.
- Avoid touching your eyes, nose and mouth.
- Clean and disinfect your personal hockey equipment.
- Do not share any equipment with another player.
- All umpires are to bring their own equipment, sticks, mouthguard, drink bottles, hand sanitizer, whistles.
- Good practice rule will be “what you take in you take out” including rubbish. There are public rubbish bins located in the car park outside the turf to dispose of any rubbish.

- At Park Island hand sanitizer is located at the front of Umpires room on the Cape Physio side and another unit is secured to the rear of the Big Save dugout. Teams/umpires to notify HBHA if supply runs low.

6. Hygiene of equipment

- Make sure to spray and wipe down the remote control before and after you use this.
- Ensure you have your own pen so you can sign the match sheets throughout the day.
- Ensure you have your own coin which after tossing you pick up immediately and place in a safe place and then spray with disinfectant after each game.
- Ensure you have a spare whistle in case your other one is dropped so you have a clean one at all times.

7. General Hygiene toilets

- Soap will be available in each toilet. Adhere to the hand washing regime of 20 seconds of washing then thoroughly dry them.
- Change rooms at the venues are open for team's only use and public toilets can be accessed inside the pavilion and under the grandstand at Unison.
- No drink bottles nor food nor used mouth guards are to be brought into the toilets during this time.

8. Spitting

Under no circumstances is any player to spit as this poses a significant risk to other participants.

9. Facility Access

Park Island Hockey Stadium

Entry to Park Island turfs:

- **Big Save turf** – please enter and exit through the gate at the rear of the dugout.

- **Cape Physio turf** – please enter through the side gate located at the foot of the stairs on left side of the pavilion and exit from the gates by the grandstand.

For those teams wishing to access to the Bar can do so by entering the change room corridor and walking in to the Pavilion. – See procedure for purchasing from the Bar and Café in the attached supporting document.

Maintain physical distancing of 2m between teams where ever possible off the turf.

Unison Turf

All exits and entries remain the same just be mindful of exiting once you have finished a game/training as soon as you can.

10. At Risk Players/Sick Players

Any umpires that could be at risk need to consider their attendance to trainings and games to ensure they remain safe at all times while on site.

If you are feeling unwell please stay home and do not attend trainings/games. If a player presents at the game with flu symptoms please make advise the tournament official who will arrangements for them to return to their accommodation.

11. Communication and assistance

If at any stage you have questions or concerns do not hesitate to contact Michelle at admin@hbhockey.org.nz or Strahan manager@hbhockey.org.nz

12. Supporting Documents

- *Risk Register*
- *Safety Operating Procedure Player/Public*

Umpiring during Covid -19 Standard Operating Procedure – Delta Level 2 Umpires

Summer Hockey October – December 2021 – Level 2 11.59pm 8th September 2021