



## 1. Stay at home if you are unwell

All public must self-assess their health prior to coming to work. If you are not sure of your condition contact Healthline on 00800 358 5453 or your local GP for advice.

## 2. Contact Tracing

**ALL** Coaches, Managers and parents must ensure they have their own device with the NZ Covid Tracing app installed and register their attendance using the HBH QR Covid tracing code prior to entering training onto the facility. These are located at the entrances, front door of the building at Park Island and in both dugouts & change room corridor & on the Foyer door at the Unison turf.

HBH ask one designated person from each team to record the online attendance register. HBH ask for this to be completed pre all games. The delegate of the team will be responsible for completing the Attendance register via Sporty Forms sent to each registered Association.

## 3. H & S

All facility users are asked to read all H & S Documents to familiarise themselves with the facility's new rules – SOP and risk register.

All teams across all grades please ensure you have a team first aid kit and ice with you when on facilities for games or practices.

FACE COVERINGS:

As at 6<sup>th</sup> September – Mask wearing is not required when exercising or playing sport outside. We ask all teams to keep a 2m distance from other teams when entering/exiting the turf.

## 4. Spectators/Parents

We ask every Parent to scan in us the QR codes.

## 5. Practice good hygiene AT ALL Times

**Your hands are the gateway to your mouth so washing your hands prior to training is paramount. You can touch your eyes, mouth, face up to 25 times in an hour. Place mouthguards in and then wash your hands/sanitize ready for your training.**

**We advise all teams to have a bottle of team hand sanitizer with them at all times and also a pre made bottle of disinfect at trainings so any equipment can be cleaned on site.**

- Wash your hands with soap and water for 20 seconds including before and after playing or use hand sanitizer. Ensure you have placed your mouthguard in your mouth then wash your hands.
- Cover your coughs and sneezes with your elbow or tissue.

- Use alcohol based hand sanitizer.
- Avoid touching your eyes, nose and mouth.
- Clean and disinfect your personal hockey equipment.
- Do not share any equipment with another player.
- All teams are to bring their own equipment, sticks, mouthguard, drink bottles, hand sanitizer, whistles.
- Good practice rule will be “what you take in you take out” including rubbish. There are public rubbish bins located in the car park outside the turf to dispose of any rubbish.
- Hand sanitizer is located at the front of Umpires room on the Cape Physio side and another unit is secured to the rear of the Big Save dugout. Teams to notify HBHA if supply runs low.

## 6. Hygiene of equipment

- Where ever possible only one person is to handle the equipment and collect up all the gear at the end of each game. Gear cannot be shared between bubbles.
- All equipment used must be washed and dried after use – sticks, balls etc.
- Mouthguards – players need to refrain from repeatedly taking their mouth guards in and out of their mouths as continually touching your face increased the change of infection. If a player does take their mouthguard out then they need to wash their hands/sanitize immediately.
- Whistles – HBH recommend Umpires bring two whistles with them in case one is dropped during a game.

## 7. General Hygiene toilets

- Soap will be available in each toilet. Please adhere to the hand washing regime of 20 seconds of washing then thoroughly dry them. Please bring you own towel for drying purposes.
- Change rooms at the Park Island turfs are open for team’s to use for hygiene purposes at this stage.
- No drink bottles nor food nor used mouth guards are to be brought into the toilets during this time.

## 8. Spitting

**Under no circumstances is any player to spit as this poses a significant risk to other participants.**

## 9. Practices/Games – the turfs will not be open for casual use at Delta Alert Level 2

Please only bring your essential training gear into the facility (stick, mouthguard, shin pads, drink bottles.

Teams are to ensure they have a first aid kit with them at all times and ensure there is a good supply of disposable gloves and sanitizer. HBHA are to be notified if there have been any incidents/accidents by way of online incident form located on the website under the H & S section.

Physical distancing of 2 metre should be maintained where ever possible off the turf inside the pavilion. Contact during physical activity will occur but this should be minimised as much as possible within your training bubble.

Care must be taken to avoid interacting at communal points such as entries and car parks. Any minors are to be brought to the turf as normal but we ask all parents/caregivers to remain outside of the facilities as per Spectators section of the SOP.

## 10. Facility Access

For U15 and U13 team trainings never reach the maximum number on our turfs at 100 people per turf so all players can enter through the normal pedestrian gate and make their way to the turf they are training on.

We would prefer one parent per player to ensure we maintain good numbers where distancing is kept at 2m per parent and if parents stay for practices then please be seated in the grandstands spaced accordingly.

## 11. At Risk Players/Sick Players

Any players that could be at risk need to consider their attendance to trainings and games to ensure they remain safe at all times while on site.

If you are feeling unwell please stay home and do not attend trainings. If a player presents at training with flu symptoms please ask them to go home.

## 12. At 4 Day Festivals

Host Associations will be sending out their own SOP's and information around the management of their Festivals closer to the time of the events.

## 13. Communication and assistance

If at any stage you have questions or concerns do not hesitate to contact Michelle at [admin@hbhockey.org.nz](mailto:admin@hbhockey.org.nz) or Strahan at [manager@hbhockey.org.nz](mailto:manager@hbhockey.org.nz)

#### 14. Supporting Documents

- *Risk Register*
- *Safety Operating Procedure Players*
- *Attendance register via online form*