



1. Stay at home if you are unwell

All public must self-assess their health prior to coming to work. If you are not sure of your condition contact Healthline on 00800 358 5453 or your local GP for advice.

2. Contact Tracing

We are asking teams to ensure they have downloaded the NZ Covid Tracing app and register their attendance prior to entering training onto the facility. The delegate of the team will be responsible to ensure their players complete this. The QR Scan codes are located: At the front door of the building at Park Island and in both dugouts & on the Foyer door at Unison Turf. For those Coaches with Minors please collate their contact details for tracing purposes.

3. Induction Form and H & S Documents

Club & School Contacts are asked to read all H & S Documents to familiarise themselves with the facility's new rules.

4. Spectators/Parents

At this Alert Level 2 (12th August) all games will be cancelled from midday Wednesday 12th until midnight Friday 14th and no spectators will be allowed to attend team trainings as these are restricted to 100 players in the facility at one time. Any parent/caregiver who has a dependent minor are asked to remain in the car park.

There may be spectators who will watch from outside the facility and they must maintain a distance of 2 metres from those outside of their bubble.

5. Practice good hygiene AT ALL Times

Your hands are the gateway to your mouth so washing your hands prior to training is paramount. You can touch your eyes, mouth, face up to 25 times in an hour. Place mouthguards in and then wash your hands/sanitize ready for your training.

We advise all teams to have a bottle of team hand sanitizer with them at all times and also a pre made bottle of disinfect at trainings so any equipment can be cleaned on site.

- Wash your hands with soap and water for 20 seconds including before and after playing or use hand sanitizer. Ensure you have placed your mouthguard in your mouth then wash your hands.
- Cover your coughs and sneezes with your elbow or tissue.
- Use alcohol based hand sanitizer.
- Avoid touching your eyes, nose and mouth.
- Clean and disinfect your personal hockey equipment.
- Do not share any equipment with another player.
- All teams are to bring their own equipment, sticks, mouthguard, drink bottles, hand sanitizer, whistles.

- Good practice rule will be “what you take in you take out” including rubbish. There are public rubbish bins located in the car park outside the turf to dispose of any rubbish.
- Hand sanitizer is located at the front of Umpires room on the Cape Physio side and another unit is secured to the rear of the Big Save dugout. Teams to notify HBHA if supply runs low.

6. Hygiene of equipment

- Where ever possible only one person is to handle the equipment and collect up all the gear at the end of each training. Gear cannot be shared between bubbles even if that bubble is the same team.
- All equipment used must be washed and dried after use – sticks, balls etc.
- Mouthguards – players need to refrain from repeatedly taking their mouth guards in and out of their mouths as continually touching your face increased the change of infection. If a player does take their mouthguard out then they need to wash their hands/sanitize immediately.

7. General Hygiene toilets

- Soap will be available in each toilet. Adhere to the hand washing regime of 20 seconds of washing then thoroughly dry them. Please bring you own towel for drying purposes.
- Teams training at Unison Hockey Stadium will only have access to external public toilets, changerooms and pavilion will be closed.
- No drink bottles nor food nor used mouth guards are to be brought into the toilets during this time.

8. Spitting

- **Under no circumstances is any player to spit as this poses a significant risk to other participants.**

9. Practices/Games

- Training sessions need to adhere to the limitation set in Alert Level 2. Please ensure your team bubble is identified pre training session. Timing will be paramount in order to ensure distancing and lessen exposure to players so teams must be prompt to the turf on arrival and departure.
- Players are to complete their training in their bubble and then leave immediately.

Please only bring your essential training gear into the facility (stick, mouthguard, shin pads, drink bottles).

- Teams are to ensure they have a first aid kit with them at all times and ensure there is a good supply of disposable gloves and sanitizer. HBHA are to be notified if there have been any incidents/accidents by way of online incident form located on the website under the H & S section. Refer to the HBHA Health and Safety manual for full reporting procedure.
- Physical distancing of 2 metres should be maintained where ever possible off the turf. Contact during physical activity will occur but this should be minimised as much as possible within your training bubble.
- Care must be taken to avoid interacting at communal points such as entries and car parks. Any minors are to be brought to the turf as normal but we ask all parents/caregivers to remain in the car park and no spectators at all in the facility.
- Watering and lights on turf will be set automatically.
- Teams are to exit the turfs and leave the facility immediately post trainings.

10. Facility Access

Park Island Hockey Stadium

Entry to Park Island will be as normal with the entry/exit gate and we ask teams to enter and go directly to the turf allocated to their training and leave as soon as the training session is finished.

General rule for both turfs

- Teams waiting to enter for their session following are asked to wait outside of the turf fence until the team training leaves the turf.

Unison Hockey Stadium

- The entrance and exit to grounds will be via the main gate as per usual. Teams are asked to allow teams leaving facilities to exit before they enter.
- Teams training on the far half of full turf to enter and exit through gate at far end, and for the half closest to the main gate through the gate at grandstands. Half turf practices enter as usual.

11. At Risk Players/Sick Players

Any players that could be at risk need to consider their attendance to trainings and games to ensure they remain safe at all times while on site.

If you are feeling unwell please stay home and do attend trainings. If a player presents at training with flu symptoms please ask them to go home.

12. Communication and assistance

If at any stage you have questions or concerns do not hesitate to contact Michelle at admin@hbhockey.org.nz or Shea hockey@hbhockey.org.nz.

13. Supporting Documents

- *Risk Register*
- *Safety Operating Procedure Player/Public*